

EXPLORE

Bloomery Iron Furnace Privately Owned – c. 1800 is an early 19th century blast furnace on Bloomery Run. Rt. 127 E, Bloomery.

Bluegrass in the Barn at Capon Crossing Farm One Saturday a month at 7pm. Music starts at 7:30. Food for sale includes grass-fed beef, other goodies & snacks. Cover \$10, 4 hours of music. 12279 Carpers Pk, Wardensville; (540) 664-4219; www.caponcrossing.com/bluegrass-in-the-barn.

Ft. Edwards One of the many forts that guarded VA frontier during French & Indian War. Ft. Edwards Foundation preserves this historic site. Visitor Center, open Sat – Sun, mid-June to mid-Oct. 350 Cold Stream Rd, Capon Bridge; (304) 856-2336; www.fortedwards.org.

Ice Mountain Nature Preserve Protected by The Nature Conservancy, rare plants and unique ecosystem of Ice Mountain requires trained docents for guided tours. In May, the community celebrates Ice Mountain Day. Call for tour info. North River Mills; (304) 496-7359; www.historichampshire.org.

North River Mills National Historic District along Hiatt Run, this industrial ghost town encompasses 25 buildings & 5 sites. Cold Stream Rd, Capon Bridge.

Lost River State Park Built by the CCC in 1930's. 3,712 acres with cabins, trails, swimming pool, horseback riding & naturalist events. Visit historic Lee & Tusing Cabins. Hike to Cranny Crow Overlook! 321 State Park Rd, Mathias; (304) 897-5372; www.lostriversp.com.

Wardensville Town Park The 50-plus-acre Wardensville Town Park includes a swimming pool and facilities for volleyball, basketball and baseball, walking trails and picnic tables. 8 Town Park Rd, Wardensville; (304) 874-3950.

SHOP

Dan's Antiques Huge Red Barn filled with household goods, antiques, and used furniture. Stop in for a leisurely browse. Cash/personal check only. Mon – Sat; 1 Antique Way, Augusta; (304) 496-8187.

Lost River Trading Post A modern mountain general store filled with American-made stuff, local arts, from-scratch bakery, and a craft beer/wine/coffee bar. Open daily all year. 295 E. Main Street Wardensville (304) 874-3300 www.lostrivertradingpost.com.