



APPROXIMATELY 116 MILES

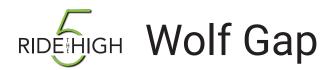
Leaving US RT 50 and heading north to Bloomery, a late 18thC center of "bloomeries" for iron smelting, there is a sign, "On the Road to Everywhere." An aptly worded sign for this route takes you through small towns, unincorporated communities and settlements dotted along curving country roads; beside seasonally stocked dammed fishing lakes; on narrow roads that wind deep into the George Washington National Forest and across roads that traverse valley farmlands.

EAT

Greg's Restaurant Home-cooking in family restaurant. Limited seating. Cash/Check only. Open Daily. 2975 Northwestern Pike, Capon Bridge; (304) 856-2445.

Main Street Diner Find the blinking stop light to find everything from surf & turf & burgers to soups & pizza. Open Daily. 100 N. Main St, Slanesville; (304) 496-1177; www.main-st-grill.com. **Omps Grocery** "On the Road to Everywhere" – Fresh and hot foods, deli sandwiches/subs, general store, gas, picnic tables with mountain views. Open Daily. 17050 Bloomery Pk, Bloomery; (304) 856-3071; @Ompsgrocery.

Wardensville Garden Market Youth-powered non-profit farm, farmers market & from-scratch bakery. Best macaroons around! Open Thurs – Mon. 28813 SR 55 Wardensville; (304) 897-2083; www.wardensvillegardenmarket.org.



EXPLORE

Bloomery Iron Furnace Privately Owned – c. 1800 is an early 19th century blast furnace on Bloomery Run. Rt. 127 E, Bloomery.

Bluegrass in the Barn at Capon Crossing Farm One Saturday a month at 7pm. Music starts at 7:30. Food for sale includes grass-fed beef, other goodies & snacks. Cover \$10, 4 hours of music. 12279 Carpers Pk, Wardensville; (540) 664-4219;

www.caponcrossing.com/bluegrass-in-the-barn.

Ft. Edwards One of the many forts that guarded VA frontier during French & Indian War. Ft. Edwards Foundation preserves this historic site. Visitor Center, open Sat – Sun, mid-June to mid-Oct. 350 Cold Stream Rd, Capon Bridge; (304) 856-2336; www.fortedwards.org.

Ice Mountain Nature Preserve Protected by The Nature Con-servancy, rare plants and unique ecosystem of Ice Mountain requires trained docents for guided tours. In May, the community celebrates Ice Mountain Day. Call for tour info. North River Mills; (304) 496-7359; www.historichampshire.org.

North River Mills National Historic District along Hiett Run, this industrial ghost town encompasses 25 buildings & 5 sites. Cold Stream Rd, Capon Bridge.

Lost River State Park Built by the CCC in 1930's. 3,712 acres with cabins, trails, swimming pool, horseback riding & naturalist events. Visit historic Lee & Tusing Cabins. Hike to Cranny Crow Overlook! 321 State Park Rd, Mathias; (304) 897-5372; www.lostriversp.com.

Wardensville Town Park The 50-plus-acre Wardensville Town Park includes a swimming pool and facilities for volleyball, basketball and baseball, walking trails and picnic tables. 8 Town Park Rd, Wardensville; (304) 874-3950.

SHOP

Dan's Antiques Huge Red Barn filled with household goods, antiques, and used furniture. Stop in for a leisurely browse. Cash/personal check only. Mon – Sat; 1 Antique Way, Augusta; (304) 496-8187.

Lost River Trading Post A modern mountain general store filled with American-made stuff, local arts, from-scratch bakery, and a craft beer/wine/coffee bar. Open daily all year. 295 E. Main Street Wardensville (304) 874-3300 www.lostrivertradingpost.com.